#### ISAF Development Symposium 2012 – Summary report



- 1. ISAF Nominated Experts
- 2. ISAF Learn to Sail Training Programme Resources / Publications
- 3. Recognized Training Inspection criteria for Yachting / Kiteboarding
- 4. Any other business Symposium 'Ideas Bank' 3
- 5. Future Development Symposium venue suggestions.3

### 1. ISAF Nominated Experts

## Criteria for appointment to be decided after an ISAF Development Symposium to be held in early 2012.

2011 D+Y Committee Recommendation 001-11

(a) Practical Sailing / Coaching competence and experience at ISAF level or equivalent (European Coaching Framework- EQF)

1

2

3

- (b) Knowledge and understanding of coaching schemes in both participation / performance pathways.
- (c) National Qualifications / Certification from 'recognized' training schemes (Dinghy, Keelboat, Windsurf, Multihull, Yacht, Kiteboard, Powerboat, VHF, First Aid)
- (d) Nominated by an ISAF MNA.
- (e) Appointment in accordance with article 6.3.3 of the Development and Youth Committee.

#### Additional requirements:

- Attendance at a Continual Professional Development (CPD) event hosted by ISAF minimum period of once every two years.
- Appropriate working knowledge of Anti-doping (WADA) applicable to the level at which appointed.

#### Categories of expert:

- Training 'Learn to Sail' Coaches Discipline specific skills
- Training 'Learn to Race' Coaches Discipline specific skills
- 'Recognized Training' Inspectors Multi-skilled at National Level
- Development of National Structure (DNSS) mentors International experience.

### 2. ISAF Learn to Sail Training Programme - Resources / Publications

- ISAF to produce publications which include 'minimum' generic information required (at each level of intended competency) to help MNAs sell the resources nationally.
- Filling the gaps in National Training Programmes will support MNAs to a point where they can continue on their own.
- ISAF to provide a 'Framework' for MNAs.
- Descriptions given of each sailing discipline and of types of equipment.
- Class Associations to be asked to help provide support with 'class' specific rigging / tuning guides.
- Beginner / Intermediate publications: Introduction to / How to / Learn to......
- (a) Psychology of racing
- (b) Physical fitness for Sailors
- (c) Practical Sailing Exercises Learning through fun
- (d) Start Racing
- (e) Team Racing
- (f) Learn to Sail Dinghy Sailing
- (g) Advanced Sailing techniques including spinnakers and trapeze
- (h) Learn to Sail Keelboats
- (i) Learn to Sail Windsurfing
- (j) Learn to Sail Multihull
- (k) Learn to Sail Kiteboard
- (I) Guide to Ride Kiteboarding poster
- (m) Learn to race kiteboards
- (n) Learn to Sail Yachts
- (o) Cruising handbook
- (p) Introduction to Navigation
- (q) Safety boat techniques for Coaches
- 3D animations and videos provided online
- Laminated Posters for Sailing Clubs Parts of a boat / Rigging, Clothing
- Flyers for giving out at events Connect to Sailing making sailing attainable
- E-books as well as printed versions

Includes feedback for 2011 D+Y Committee Recommendations - Yachting Resources

041-11

042-11

# 3. Recognized Training – Inspection criteria for Yachting / Kiteboarding

Approve Kiteboarding recognition and consult MNA's with existing Yacht Training Programmes in order to gather criteria for use in accreditation inspections for ISAF Recognized Training status. These details will be presented as a final draft for ratification at the ISAF Midyear meeting in 2012.

• Existing MNA Inspection guidelines are also fit for Yachting Programmes.

 Good practice and safety to be the focus and not the National Levels that have been achieved.

A tool to help for MNAs wishing to 'market' their brand at national level.

• 2 Inspectors to be used for purpose of Inspection moderation during visit and helping provide and 'instant' outcome decision.

 Inspection visit to be shorter and focus more on National MNA Programme Structure and not on 'practical facility' visits in order to reduce financial impact on MNA.

2011 D+Y Committee Recommendations

043-11

044-11

045-11

#### 4. Any other business – Symposium 'Ideas Bank'

- ISAF to use model of the EQF to give reference for coaching qualities and competencies for ISCF Framework with proposed ratification in 2014.
- ISAF to highlight the importance of innovation within all development programmes so that MNAs can constantly develop their own programmes.
- ISAF to create a 'development forum' for coaches and coaching programme developers to share ideas and findings globally.
- A 'Buddy' system for developing MNAs to access a regional nominated expert that can help them in all aspects of developing an NTP.
- A 'Do it yourself' menu of syllabus building blocks that can be used by MNAs to create a National Sail Training Programme across all disciplines..
- ISAF to produce an MNA guide to National Programme Development including tools to help with managing the business end of the sport.
- ISAF to provide a dedicated fund for 'non-member' programme development in order to assist potential MNAs to become full members.
- ISAF to host a Yearly Development Symposium for National Training Managers and Programme Co-ordinators.

## 5. Future Development Symposium venue suggestions.

- (a) Auckland, New Zealand
- (b) Durban, South Africa
- (c) Reykjavik, Iceland
- (d) Istanbul, Turkey

To be considered for inclusion in 2012 – 2015 ISAF Strategic plan for Training and Development

Put forward by representatives of listed MNAs at 2012 Symposium